

## Package leaflet – information for the consumer

### Dietary supplement

#### Sakhnil®

**Composition per 1 tablet:** *Yashad Bhasma* powders – 37.50 mg, *Shilajit Shuddha* – 37.50 mg, *Momordica charantia* fruits – 12.00 mg, extracts: *Cassia auriculata* seeds – 45.00 mg, *Emblica officinalis* fruits – 37.45 mg, *Curcuma longa* rhizomes – 30.00 mg, *Eugenia jambolana* seeds – 15.00 mg, *Enicostemma littorale* whole plant – 11.00 mg, *Gymnema sylvestre* leaves – 11.00 mg, *Melia azadirachta* leaves – 11.00 mg, *Pterocarpus marsupium* core – 8.00 mg, *Tinospora cordifolia* stems – 8.00 mg, *Swertia chirata* whole plant – 1.25 mg.

**Excipients:** potassium sorbate (E 202), sorbic acid (E 200), sodium benzoate (E 211), calcium phosphate, corn starch, calcium stearate, colloidal silicon dioxide, sodium starch glycolate, cross-carmellose sodium, crospovidone.

**GMO free.**

**Recommendations for use: a dietary supplement is a source of biologically active substances of plant origin, improves carbohydrate metabolism,** normalizes high blood sugar levels, improves metabolism and reproductive function. It can be used as an addition to the program of measures to reduce sugar levels. It has antioxidant properties.

**Diet supplements should not be used as a substitute for a varied diet.**

**Method of administration:** for adults, 2 tablets twice a day (morning and evening), 30 minutes before meals or as directed by a doctor. Duration of administration: 3–6 months or as directed by a doctor.

Do not exceed the stated recommended dose for daily use.

It is necessary to consult a doctor before administration.

**Contraindications:** individual intolerance to the components of the product, children.

**Precautionary measures.**

**Given that the components of the dietary supplement Sakhnil have hypoglycemic properties, it** should be used with caution by persons taking oral hypoglycemic drugs and/or insulin. In such cases, the dose must be adjusted by regularly monitoring blood sugar levels.

In case of restriction in food intake (fasting or staying on a strict diet), the effect of the dietary supplement Sakhnil on glucose metabolism may also increase.

*It is very important to follow your doctor's instructions regarding a balanced diet and exercise.*

**Storage conditions:** at a temperature not exceeding 30 °C in a dry, dark place and out of reach of children.

**Package:**

20 tablets in a blister, 1 blister in a carton box with a package leaflet, 5 packages in a carton box;

20 tablets in a blister, 5 blisters in a carton box with a leaflet.

**Tablet weight:** 655 mg.

**It is not a medicinal product.**

**Shelf life:** 3 years.

**Manufacturer:**

Charak Pharma Pvt. Ltd., Jaurasi Road, Pauti Village, Samalkha, Dist. Panipat – 132 101, Haryana, India.

**Importer (acceptance of claims from consumers):** KUSUM PHARM LLC, 54, Skryabina str.,

Sumy, Sumy region, 40020, Ukraine, tel.: +38 (0542) 77 46 10.